



Holiday DreamsTM
Journey Sdn. Bhd.

1334579-V KPK/LN 9863

西藏之旅

Tibet
tour

Day 1

KUALA LUMPUR - CHENGDU

 Meals on board flight

~ Assemble at KLIA for your flight to the capital city of Sichuan-Chengdu, formerly known as "Bashu" in the past. Later, we will check in to the hotel upon arrival.




Hotel: Chengdu Serengeti hotel or SML



Day 2

CHENGDU - NYINGCHI

 Breakfast/Lunch/Dinner

~ After breakfast, we will transfer to Chengdu airport for your flight to Nyingchi. Upon arrival, we shall transfer to the hotel. Do take a rejuvenating rest so as to acclimatize to the high altitude before continuing your journey. Later, we will visit Sejila Scenic Area to view the world's 15th tallest peaks, Namcha Barwa. Namcha Barwa is said to be one of the most difficult mountain peaks to climb in the world. Thereafter, we shall enjoy the view of the eastern Tibetan primitive forest, Lulang Forest. At the base of the snow-capped mountains are lush greenery.



Hotel: Minshan Grand Hotel or SML

Day 3

NYINGCHI - LHASA

🍴 Breakfast/Lunch/Dinner

~After breakfast, we will visit Basong Lake, also known as "The Alps of Tibet" . Basong Lake boasts crystal-clear lake which is simply stunning. Upon arrival at Basong Lake, we will proceed to explore the Tsodzong Monastery and stroll leisurely on Xianren Island located at the centre of the lake. Thereafter, we shall traverse across the 5,230 meters high Mila Mountain on the way to Lhasa. We will enjoy the natural Tibetan beauty of the Nyingchi River Valley as well. Next, we will continue to Lhasa. Upon arrival in Lhasa, we will take ample rest in order to acclimatise to the high altitude.



Hotel: Tachf Phodrag Tibet Hotel or SML

Day 4

LHASA

🍴 Breakfast/Lunch/Dinner

~This morning, we will visit the Potala Palace, the world's highest palace building built by Songtsen Gampo. In the afternoon, we will head to Jokhang Temple that has over 1,350 years of history and is regarded as the most sacred and important temple in Tibetan Buddhism. Then, we shall explore Barkhor Street, the most vibrant pedestrian street in Lhasa, to browse colourful, unique hand-made handicraft by the various minority tribes. Tibet flavour mushroom steamboat will be served for dinner.



Hotel: Tachf Phodrag Tibet Hotel or SML

Day 5

LHASA - YAMDROK TSO LAKE - LHASA

🍴 Breakfast/Lunch/Dinner

~We will begin the day by proceeding towards the renowned Yamdrok Tso Lake, known as the "heavenly lake" with the highest elevation in the world, you will encounter the crystal-clear lake water blending harmoniously with the blue sky, creating a breath-taking and soul cleansing experience. After that, we will head back to Lhasa and appreciate the art of Tibetan Thangka. At night, we shall take car tour at the Potala Palace Square.



Hotel: Tachf Phodrag Tibet Hotel or SML

Day 6

LHASA - NAMTSO LAKE - LHASA

🍴 Breakfast/Lunch/Dinner

~In the morning we will depart from Lhasa, crossing the Nyenchen Tanglha Mountains via the Qinghai-Tibet Highway to reach Namtso Lake, the world's highest saltwater lake at an altitude of 4,718 meters. The lake, known as "Heavenly Lake" in Tibetan, sprawls majestically amidst vast grasslands like a crystal clear gem. After the visit, we shall return to Lhasa, enjoying views of the perpetually snow-covered Nyenchen Tanglha Mountains, and experience the beauty of the northern Tibetan grasslands. Later, we will visit the Tibetan Mastiff Park, Tangka craftsmanship, and return to Lhasa in the evening.



Hotel: Tachf Phodrag Tibet Hotel or SML

Day 7

LHASA - TIBET RAILWAY to XINING

🍴 Breakfast

~After breakfast, we will proceed to Lhasa Railway Station to board the world's highest railway, Tibet Railway to Xining. The 1-day Qinghai Tibet Railway will pass through Lhasa, Dangxiong, Naqu, Anduo, Tuotuo River Xining, Ge' ermu and Xining. During the train ride, you can catch the beautiful scenery along the way. You may also get the chance to see some amazing wildlife along the way.



*Note: Meals are not included/provided during train ride, please note to arrange your own meal.

Day 8

TIBET RAILWAY ARRIVAL XINING

🍴 Lunch/Dinner

~The train follows the Tang-Tibet ancient road that Princess Wencheng took to enter Tibet, which is also the boundary between the Loess Plateau and the Qinghai-Tibet Plateau, as well as the boundary between Han and Tibetan culture. Along the way, it passes through more than 4,500 square kilometres of Qinghai Lake. Upon arrival, we will visit Dongguan Mosque. It was originally built in 1380 and has colourful white arches along the outside of the wide building. After that, we will go to Limeng commercial street, a bustling commercial street in the ancient city of Xining.



Hotel: Fairfield By Marriott
Xining North Hotel or SML

Day 9

XINING - CHENGDU - KUALA LUMPUR



Breakfast/Lunch/Meals on board flight

~After breakfast, we will take the flight back Chengdu. Afterward, we will arrive at Kuanzhai Alley, which is one of the well-preserved Qing Dynasty ancient streets in Chengdu. Then, we shall go to the famous shopping area, Taikoo Li. After dinner, we will proceed to the airport for your flight back to Malaysia.



PROPOSED HOTEL

酒店推介：



成都塞伦盖蒂大酒店或同级 CHENGDU SERENGETI HOTEL OR SIMILAR



岷山大酒店或同级 MINSHAN GRAND HOTEL OR SIMILAR



塔赫夫波德拉西藏酒店或同级 TAEHF PHODRAG TIBET HOTEL OR SIMILAR



西宁万枫酒店或同级 FAIRFIELD BY MARRIOTT XINING NORTH HOTEL OR SIMILAR

Quotation:

报价

Price Includes 价格包含

- Includes air ticket 包括机票
- Tipping for guide 导游小费
- Accommodations as stated in the itinerary 行程中注明的住宿
- Sight seeing & meals as stated in itinerary 行程中已注明景点和餐食
- Travel insurance (for Malaysian below 70 year old)
旅游保险 (适用于70岁以下的马来西亚人)
- Travel Visa 旅游签证

Price Excludes 价格不包括

- Meals not stated in the itinerary or mentioned as (at own expense)
行程中未注明或提及的餐食 (自费)
- Personal shopping or activity fees not stated in the itinerary
行程中未注明的个人购物或活动费用
- Extra charges for traveling not stated in the itinerary
行程中未注明的额外费用
- Items not stated in the "Price Includes" section
“价格包含”部分未注明的项目

RM 9800 per person

* Above tour fare based on Early Bird promotion, seats based on first come first serve basic
* 以上团费基于早鸟优惠，座位基本以先到先得为准



Holiday Dreams **Journey Sdn. Bhd.**

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